

## LATEST MUSICAL PLAYLIST

Live Band Fusion

Her Museum Musical



Now Booking Live Fusion  
Band and Hip Hop Soul

## ACCOLADES

- VH1 Female Honoree
- West Coast Hip Hop Awards Business Of The Decade
- Multiple Gold & Platinum Album/Soundtrack Catalog
- Equality Film Awards Honoree
- Alameda County Board of Supervisors Commendation
- Women Of Hip Hop Award
- Serial Social Entrepreneur
- Under Ground Girls of Hip Hop Humanitarian Award
- Official West Coast Hip Hop Awards
- NCEM Awards Female Hip Hop Artist Of the Year
- Powerful Woman Of the Bay
- Guinness Friendly Record For Biggest Bro & Sister Hip Hop Duo
- Family Dysfunction Counseling PHD
- Organizational Management Masters Degree
- Supply Chain Management Masters Degree
- Psychology Bachelors Degree
- General Business Associates Degree
- Liberal Studies Degree
- UCOGIC Coaching Certification
- Digital Marketing Certification
- Grandmother Of Six & Mother To Many
- More Available Upon Request...

## BIO CHANGING THE NARRATIVE

**"Suga-T is A Multi-facet recording artist, performer, speaker, producer, author, creator and game changing trendsetter. "**

She celebrates 36 years in the music industry, produced 21 solo albums, 5 group albums and possesses a large catalog of soundtracks, independent & commercial releases of multiple genres and acting roles. In the mist of producing music and film projects, she uses her national brand, education and experience to make positive change in the community, business and the music industry. She had her first business venture at eight years old with her grandfather, and fell off track from peer influence and lack of experience and became a teen mother that expressed at-risk behavior. As a way to get her on the safe track, she was recruited to find her family group "The Click," that features herself and brothers E40, D Shot and cousin B Legit.

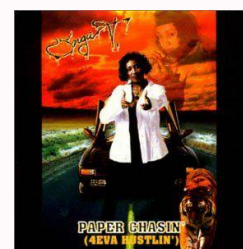
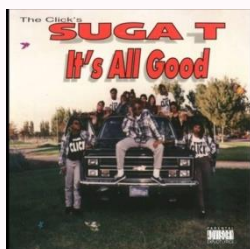
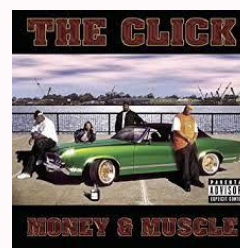
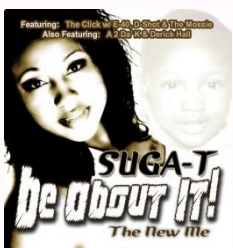
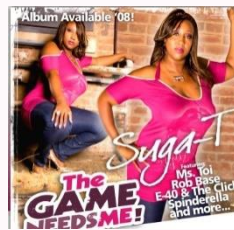
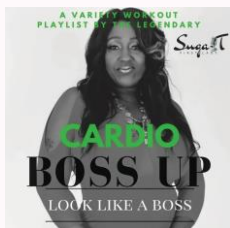
**"I was coached as a record label executive and a professional recording artist that brought my original skills of singing in church into an iconic music industry venture in an unfair industry filled with ageism, sexism, classism and racism and I speak about it and still rock stages"**

Suga-T helped build a successful independent group in their family label and later co-ventured with jive records landing a million dollar deal that had never been done before. This made their family a legendary trend setting group still today worldwide and she is admired for a multi-platinum hit with her brother E40 titled "Sprinkle Me." Although all of the successes had taken place, at one point, Suga-T did not feel complete. She realized that she was a part of a male dominated industry that had bias elements and she did not want to risk her family time with her children as well as an opportunity to become better-rounded and to gain more wisdom, knowledge and time to help and support others.

# SUGA-T

## DISCOGRAPHY | LATEST MUSIC | SONGWRITING

Suga-T has an extensive catalog of music and have placements of soundtracks, musical albums and features and is a talented songwriter of multi-genre capabilities with an extensive body of work.



See More...

# SUGA-T

“Multi-Facet Talent Abilities”

## CELEBRATING 36 YRS

### PRESS

- VH1 Honors Getty Images
- TMZ
- Sway Show Sirius XM
- LA Times
- Sister 2 Sister
- Good Day Sacramento
- Fox 40 News
- Hip Hop Uncensored
- At The Movies Online
- Spitfire Hip Hop
- Benicia Herald
- Hip Hop DX
- Bong Mines
- More are available upon request...

We are constantly building out ongoing publicity campaigns to assure the most exposure out of the brand collaborations, projects and services.

### SUGA-T ACTS UP

Suga-T enjoys acting and stumbled across her acting abilities, when asked to fill into an extra part as a replacement of an actor that did not show up. When doing so, her natural skills and abilities to act were founded, presented an expressed. She started from independent movie appearances, to commercial presence during the season that she pursued acting options and at times when sought after, to hosting shows. She has natural abilities to hold the attention of any viewership.

Suga-T's first independent film was in the movie "3rd Street" where she was at the peak of her music career and was asked to play a part that was meaningful to the production incorporating her brand to draw interest. Later she was asked to narrate a documentary, then eventually asked to play a major part in a movie titled "Obstacles, originally aired on BET" as a main star. The Obstacles movie is still making presence other media platforms today, along with other movies such as "Malibootie" and "What are the chances movie." She recently acted and narrated a undisclosed movie soon to be released and her latest release featured in other documentaries. Her time on the "MTV Lyricist Lounge Sitcom," as a regular co-star, narrator and featured recording artists, was one of the best and greatest acting moments of her life. Since then she has had some life transitions, and is know if full pursuit of her passion of acting.



# SUGA-T

## ACTOR | PERSONALITY | PRODUCER | [Click To See Promo](#)

Suga-T is an Actress And Producer and is available for acting personality and production. She has produced and hosted a numerous amount of radio shows, podcasts, tv shows and film projects, for herself and many others. See her [IMDB.](#)

### OBSTACLES MOVIE ON BET

Suga-T main starred on the Obsacles Movie and appeared on national networks as one of BET's regular re-plays. Suga-T was featured on the series featured with Omar Gooding, Brian Hooks, E40, and many other A,B, C & D list talent.

### WHAT ARE THE CHANCES MOVIE

Suga-T starred in the What Are The Chances movie and can currently been seen on national distribution outlets such as best buys, walmart and more... The movie features Snoop Dogg, Luinell Campbell, Brian Hooks, E40, B Legit & many other A,B,C and D list talent.

### MALIBOODIE MOVIE ON STARZ

Suga-T made a gues star appearance on the Maliboodie movie produced by Brian Hooks currently as a Starz Channel re-run. You can check out Suga-T as a guest star appearance on the movie rocking out playing a hairdresser.

### HIP HOP EVOLUTION CURRENTLY ON NETFLIX

Suga-T appears on the Hip Hop Revolution show presenting her contribution to bay area culture hip hop and a part of evolutionizing it.

### TV ONES UNSUNG

Suga-T is interviewed on Unsung highlighted for her contributiion for the success of her successful family group The Click and her contributiion to her brother E40's career, while highlighting a little of her story. Suga-T is looking to do another documentary simialr to an Unsung to highlight her interesting, controversial and world breaking story.

### MTV LYRICIST LOUNGE SITCOM

Suga-T is on the MTV Lyricst Loung Show as a regular guest star on the first season, performing, writing, acting and voiceovers and contributed to making the show a success for the first season.



# SPEAKER | COACH | ACTIVIST | PERSONALITY

[Click To See Promo](#)

**Dr. Suga-T Stevens, sacrificed her entertainment career to pursue and complete higher learning up to a PHD & includes a double Master's Degree, a Bachelors Degree, a double AA and a variety of credentials along her journey.**

At one point Suga-T put her music career on the backburner and experienced domestic violence while re-inventing her brand to be a better role model and to be present with her children. In the mist of her challenges, she still managed to build out a social enterprise that now includes, Sprinkle Me Fragrances & More, Suga-T Music Publishing & Hip Hop Mom Productions, HER Empowerment Institute and Sprinkle Me Learning Academy. Suga-T serves as an Executive Director of The Work It Well Project and HER Museum Initiative. She specializes in supporting the lives of underserved and underrepresented vulnerable populations prioritizing women, yet serving men, organizations, various partnerships as well as implementing innovative programming that provide sustainable opportunities.



**Suga-T is passionate about entrepreneurship and broken souls and works as a transformation, wellness & enterprise coach. She is also an expert at talent development and helping people turn their pain into peace passion prosperity and purpose.**

Suga-T is also the founder of The Young Grandmothers Club, and was a young mom and eventually a young grandmother of 6. She helps keep women and girls from falling through the cracks and gives men and boys hope, while promoting a well, economically empowered and safe community. She recently found and is currently speaking on behalf of the negative depiction of black women and girls, along with ageism, racism, sexism along with diversity and inclusiveness for all women and girls in general. She also supports mothers of children with autism and has first-hand experience with all that she speaks for and supports. Her latest musical, play & book is titled "Heiress I Am," and current TV Show is The Suga-T Show that presents different segments, Big Momma Talk, Queens View, Work It Well, Raptable Report and Her Stories.

## **SOME AVAILABLE PRESENTATIONS**

- SOS Save Our Sisters & SOB Save Our Brothers
- Weapon Of Hip Hop "The New Shine"
- HER Story Sister Circle
- Heiress I Am Retreat or Keynote
- Autism Activism Awareness
- Black Girls, Women & Their Depiction
- Women In Music, Film, Media & Tech
- Your Perfume
- Women And Parenting
- Women In Leadership
- Women In Domestic Violence and More...



# AUTHOR | PUBLISHER

Suga-T helps others tell their stories and publish their books using her talents, education and experience to help them create a purpose driven presentations, while working as a vision partner that meets people where they are while helping them explore what they can become. Books are also keynotes, retreats, circles, conferences and talks.

## BOSS UP BOOK & ONLINE COURSE

An entrepreneurship empowerment book

## YOUR PERFUME BOOK & ONLINE COURSE

Empowerment for help women navigate through challenging times

## 50 THE NEW 30 BOOK, CD & COURSE

Embracing 50 The New 30 with grace and poise

## HERIESS I AM MUSICAL & BOOK

Queendom Quotes Of How To Wear The Crown Of An Heiress That Can't Be Beheaded. Inspired By The HER Museum.



Sprinkle Me Fragrance & Beauty



Work It Well Project Org



Sprinkle Me Learning Academy



Suga-T Music & Publishing

## SOCIAL ENTREPRENEUR | SMS ENTERPRISE | SUGA'RUSH MEDIA | HIP HOP MOM PRODUCTIONS

Dr. Suga-T Stevens while building out a social enterprise that now includes, Sprinkle Me Fragrances & More, Suga-T Music Publishing & Hip Hop Mom Productions, HER Empowerment Institute and Sprinkle Me Learning Academy. Suga-T serves as an Executive Director of The Work It Well Project and HER Museum Outreach, and specializes in supporting the lives of underserved and underrepresented vulnerable populations prioritizing women, yet serving men, organizations, various partnerships as well as implementing innovative programming.

A proportion of profits go towards the community work and initiatives that empower women, promotes community wellness and moms of children with autism.

**Support Our Initiatives**

**Donate**

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